

Jelly Baby Tree

Uses:

Debriefing / Feedback tool.

Time:

5 minutes plus discussion time.

Materials:

1 copy per person of the Jelly Baby Tree and pens.

What:

This uses Jelly Babies to give a quick insight into how individuals are feeling.

When:

This can be used during any group review session and is a good way of getting feedback about how participants are feeling in a safe way.

How:

Each member of the group colours in the Jelly Baby character which best fits how they are feeling at the time and tells the group why.



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